

# Welcome from the AD...



Welcome to another exciting year of Mountaineer athletics. Participating in athletics at Ephrata is one way to make the most of your educational experience. I believe that participation in athletics is an integral part of the educational process. I expect our student-athletes to strive to reach their full potential on and off the athletic field.

Our athletic programs provide students with experiences that help them learn and grow in ways that will benefit them for the rest of their lives. Athletics teach valuable characteristics such as teamwork, dedication and how to handle adversity. The friendships and memories one receives from participating in athletics often last a lifetime. When a student-athlete decides to put on the purple and gold they become part of a special family and tradition within the Ephrata School District community.

The coaches within our athletic program are dedicated and passionate about their individual sport as well as our students. They serve as positive role models and support our athletes on and off the athletic field. I am proud to have each of them working within our athletic department.

I hope all student-athletes, parents, and fans enjoy the 2007-2008 school year. I look forward to seeing many of you at our games and hope that you will support all of our student-athletes with your attendance and enthusiasm.

If there are any questions about the athletic programs in the Ephrata School District, please do not hesitate to contact me at 717-721-1478 or by email at [t\\_long@easdpa.org](mailto:t_long@easdpa.org).

## **GO MOUNTS!**

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