BEST SUMMER EVER!
BEST.CAMP.EVER.

YMCA CAMP SHAND
ymcacampshand.org
Base Camp: 13 days/12 nights, campers entering 3rd–6th grade

If one week just isn’t enough time to experience Camp Shand to the fullest, our two week Base Camp program is just for you! During the stay-over weekend, campers enjoy the camp all to themselves, receive a free T-shirt, and take a special ‘off camp’ field trip. With this program’s special rate, campers get more from their camp experience, and you pay less!

Resident Camp: 6 days/5 nights, campers entering 3rd–6th grade

Campers love this program, filled with fun and new experiences. Throughout the week, campers build relationships with their cabin mates and counselors. Camp Shand prides itself on cabins with a maximum of eight campers and at least one counselor. Camp activities include swimming, canoeing, hikes and nature events on camp’s 120 acres, arts & crafts, archery, our 24-foot climbing wall and more! Meals are always a favorite time of the day, with songs and skits making Camp Shand’s dining hall center stage for great fun. Each week concludes with a family campfire where everyone shares in the fun had during another wonderful week at Camp Shand!

Stay Over Weekends: Extra 2 days/2 nights, 2nd–10th grade

Not ready for two full weeks away? Here’s a great way to spend a little extra time at camp with a small group of campers. During the weekend, campers enjoy the whole camp to themselves, and take an exciting ‘off camp’ field trip. Campers must be registered for a Resident Camp the week before or the week after that weekend.

Resident Camp Lite: 3 days/2 nights, campers entering 1st–6th grade

A program for campers who are ready to try their first “sleep away” camp experience. Campers have opportunities for all of the traditional Camp Shand activities and fun with our top-notch staff.

Resident Extreme: entering 7th–8th grade

Designed specifically for teens, this program takes resident camp to the next level. Days are filled with adventure based programs, challenging activities and plenty of time with friends. Each session will include an overnight away from the village, off camp activities, extended curfew, and other special events. Add weekends to extend your stay. Combine two consecutive weeks and receive $50 off your stayover weekend!

Expeditions: entering 7th–9th grade

Expeditions offer campers a chance to explore their adventurous side by traveling away from camp for three days and two nights. During the excursion, campers will have the opportunity to partake in water sports, explore coastal and oceanic ecosystems at Cape Henlopen, and learn new skills in backpacking and camping.

Service Camp: A Service Learning Camp for Teens, ages 14–16

Teens will have a great time while learning new skills, making new friends and come to appreciate the value of helping others. Days will be spent working on projects and chores at camp and at other non profit organizations in the Lebanon and Lancaster area. Nights will be spent enjoying regular camp activities. Add weekends to extend your stay. Combine two consecutive weeks and receive $50 off your stayover weekend!

Counselor in Training: 15–16*

This program is for campers who are ready to begin the transition from camper to staff. For two weeks, CITs have the opportunity to work with children, developing leadership skills. They will spend time on Camp Shand’s challenge course and learn to lead songs, skits, and a variety of camp activities. During the second week, CITs are placed into cabins and day camp groups to assist counselors and gain some valuable first hand experience. Our CIT Director will be there to guide them on their challenging and fun journey as a Camp Shand CIT. *Must be 15 as of June 1st, 2020.

*Must be 15 as of June 1st, 2020.
Adventure Day Camp: Campers entering 1st-6th grade

Camp Shand offers a great way for your kids to spend their summer in a safe and fun environment. Campers are divided into smaller groups by age for activities. Campers spend time with our camp specialists to provide a wide variety of great activities for everyone. Pool and lake activities, outdoor living skills, arts & crafts, nature activities, sports and games, and teambuilding keep each day fun and active! Each week has a different theme so campers can attend all summer long and never be bored! Lunch is included.

Teen Adventure Day Camp: entering 7th-9th grade

Get ready for a great summer! Our small group format allows teens to learn to work as a team and help plan their activities. With positive staff role models who know how to keep teens challenged while having fun, this program builds self confidence and leadership skills. Space is limited, so register today! Lunch is included.

Each week campers will select a Track and spend part of their day in programming specific to their choice leading up to a field trip. Active participation in track activities is required for participation in the field trip. See the Camp Schedule and Dates pages Track Schedule.

Day Camp Transportation and Stops

This is a Day Camp service only. As a free bonus with the transportation cost, several of our stops offer before and after care beginning at 7:30 am and ending at 5:30 pm. This service extends your camper’s day with their friends, and provides parents with extra time to get to the stops. Campers are supervised during this time by Camp Shand staff. Fee: $35 per week.

Bus Stops — Please note that pick up and drop off times may vary by 5-10 minutes depending on traffic and other circumstances.

- Lancaster YMCA (Extended Care and Transportation, Opens at 7:30 am, bus leaves the YMCA at 8:00 am and returns at 5:15 pm, site open until 6:00 pm)
- East Petersburg Mennonite Church (Extended Care and Transportation, opens at 7:30 am, bus leaves at 8:10 am and returns at 5:00 pm, site open until 6:00 pm)
- Kissel Hill Elementary (Transportation only, pick up at 7:30 am and drop at 5:30 pm, breakfast included)
- Bonfield Elementary, Lititz (Transportation only, pick up at 7:40 am and drop off at 5:15 pm, breakfast included)
- Annville High School (Transportation only, pick up at 8:20 am and drop off at 4:40 pm)
- New Life Church, Manheim (Transportation only, pick up 8:30 am and drop at 4:40 pm)
- Lebanon YMCA Day Care Office, 200 N. 8th St, Lebanon (Transportation only, pick up 8:30 am and drop at 4:45 pm)

Extended Day Camp at Shand

Parents can drop off their day campers at Camp Shand as early as 7:15 am and pick them up as late as 5:30 pm. Breakfast is included. Fee is $35 per week.
Super Staff

One of the best parts about being a Camp Shand camper is getting to spend time with our fabulous staff. We look for quality individuals who love working with kids. Our senior staff is at least 18 years of age. They are screened through background checks, reference checks and an interview process and receive extensive training at camp. Staff are certified in CPR and First Aid, and Lifeguards are certified by either the YMCA or the Red Cross. We also have a health officer on staff, and throughout the summer both campers and staff practice safety and emergency procedures. Our camp “specialists” have extra training in their specific area to provide great experiences for our campers. We are excited to have a group of people here who have different backgrounds and strengths, and who have something essential in common — they LOVE being camp counselors!

Parent Packets

Once your child is registered for camp you will receive a packet with a Handbook containing a packing list, detailed information on Camp Shand, and all the necessary paperwork for the summer. If you have questions concerning camp please give us a call and we will be glad to assist you — 717-272-8001.
### [D] ADVENTURE DAY CAMP
Tier A: $180; Tier B: $170; Tier C: $160
(includes lunch)

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Go Green</th>
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<tbody>
<tr>
<td>Week 2</td>
<td>Super Sleuths</td>
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<tr>
<td>Week 3</td>
<td>Into the Forest</td>
</tr>
<tr>
<td>Week 4</td>
<td>Lights, Camera, Action</td>
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<tr>
<td>Week 5</td>
<td>Wild Wild West</td>
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<tr>
<td>Week 6</td>
<td>YCS Summer Games</td>
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<tr>
<td>Week 7</td>
<td>World Wonders</td>
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<tr>
<td>Week 8</td>
<td>Wild and Wacky</td>
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<tr>
<td>Week 9</td>
<td>Animal Planet</td>
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<tr>
<td>Week 10</td>
<td>Beach Blast</td>
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</tbody>
</table>

### [TA] TEEN ADVENTURE DAY CAMP
Tier A: $210; Tier B: $200; Tier C: $190
(includes lunch)

<table>
<thead>
<tr>
<th>Week 1</th>
<th>CA, OA, LIT</th>
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</thead>
<tbody>
<tr>
<td>Week 2</td>
<td>CA, SW, LIT</td>
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<tr>
<td>Week 3</td>
<td>CA, OA, E</td>
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<tr>
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<tr>
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<tr>
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<td>CA, OA, E</td>
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<tr>
<td>Week 10</td>
<td>CA, SW, LIT</td>
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</tbody>
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Teen Adventure Track Codes:
CA: Creative Arts
LIT: Leader in Training
OA: Outdoor Adventure
SW: Sports and Wellness
E: Earth (Nature and Conservation)

### [B] BASE CAMP (2 WEEK SESSIONS)
Tier A: $1100; Tier B: $990; Tier C: $950

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Into the Forest</th>
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<tbody>
<tr>
<td>Week 4</td>
<td>Lights, Camera, Action</td>
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<tr>
<td>Week 5</td>
<td>Wild Wild West</td>
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<tr>
<td>Week 6</td>
<td>Hershey Park</td>
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<tr>
<td>Week 7</td>
<td>YCS Summer Games</td>
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<tr>
<td>Week 8</td>
<td>Ozzy’s Family Fun Center</td>
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</tbody>
</table>

### [R] RESIDENT CAMP
Tier A: $225; Tier B: $200; Tier C: $175

<table>
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<td>Week 7</td>
<td>World Wonders</td>
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<tr>
<td>Week 8</td>
<td>Wild and Wacky</td>
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</tbody>
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### [RL] RESIDENT LITE
Tier A: $225; Tier B: $200; Tier C: $175

### [RE] RESIDENT EXTREME
Tier A: $525; Tier B: $475; Tier C: $450

### [S] SERVICE CAMP
Tier A: $250; Tier B: $225; Tier C: $210

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Climbing</th>
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<tbody>
<tr>
<td>Week 4</td>
<td>Appalachian Trail Backpacking</td>
</tr>
<tr>
<td>Week 5</td>
<td>French Creek State Park Orienteering</td>
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<tr>
<td>Week 6</td>
<td>Appalachian Trail Backpacking</td>
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<tr>
<td>Week 7</td>
<td>Marsh Creek State Park Paddle Boarding</td>
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<tr>
<td>Week 8</td>
<td>Horseshoe Trail Backpacking</td>
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</tbody>
</table>

### [EX] EXPEDITIONS
Tier A: $725; Tier B: $700; Tier C: $675

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<thead>
<tr>
<th>Week 2</th>
<th>Cape Henlopen State Park</th>
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<tbody>
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<td>Week 3</td>
<td>Indian Echo Caverns</td>
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<tr>
<td>Week 4</td>
<td>YCS Summer Games</td>
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<td>Hershey Park</td>
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</tr>
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</tbody>
</table>

### [W] STAY OVER WEEKENDS
Tier A: $195; Tier B: $185; Tier C: $175

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<td>Week 8</td>
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### [CIT] COUNSELOR IN TRAINING
Tier A: $750; Tier B: $675; Tier C: $600

For more information about about tier pricing, please see our registration form.
Please use one form per camper. Copies are acceptable.

You may also fill out your registration online at YMCACampShand.org or call (717) 272-8001 and register by phone.

Tiered Pricing Structure

At the YMCA, we believe that all children should have the opportunity to attend summer camp regardless of the cost. Realizing that families have different abilities to pay, this year YCS is offering a “Three Tiered Fee Structure”.

Tier A: Represents most closely the actual cost of operating our program and facilities.

Tier B: Our partially subsidized fee for those families who can pay a little more, however can not afford the actual cost.

Tier C: Our standard, historically subsidized fee. This rate does not reflect the true cost of operating camp.

This structure is on an honor system and you may choose the tier that best suits your family. Every camper, regardless of the fee they pay, receives the same level of attention, programming, services, and loving care. If you cannot afford the cost of Tier C please apply for additional assistance by completing a YCS Financial Assistance application available on line at www.ymcacampshand.org or by calling Camp at (717) 272-8001.

Camper Information

Camper’s Name __________________________________________ Phone ___________________________
Address ____________________________________________ City __________ State ___ Zip ________
M ☐ F ☐ Birthday ____________________ What grade will camper be in Sept 2020 _____
Number of Years at Camp Shand ____ Cabin Buddy Request ________________________
________ (one request only please) — must be no more than 1 year age difference

Parent/Guardian Name: __________________________ Email: __________________________

Pick Your Sessions

Please fill in all of the sessions you would like to attend by listing the camp type code followed by the week number and the rate tier that fits your family.

Day Camp Transportation & Pre and Post Care

Calculate Your Deposit Here:

# of day camp wks _____ x $25 = ________
# of resident camp wks _____ x $50 = ________

Deposit is non-refundable and non-transferable
Payment

Type of Payment  ○ Cash  ○ Check  ○ Credit Card (MC/VISA/DISCOVER)

Credit Card Number ____________________________________________ Exp. date _________________

Cardholder's Name ____________________________________________________________________________

Signature ____________________________________________________________________________________

Phone # ______________________ Work # ____________________ Emergency # ____________________

Parent/Guardian Agreement (please read, initial and sign)

A non-refundable, non-transferable deposit for each week is required and is applied toward the fee.

Except for the deposit, all other advance payments are refundable if notice is received two weeks prior to the start of the session. It is understood that in the case of homesickness, dismissal or voluntary withdrawal there is NO REFUND of fees. If a doctor advises that a camper be kept home, ½ of the unexpired portion of the session will be refunded.

All balances of total due must be paid prior to first day of camp. A late fee of $10 per week will be added to all unpaid balances.

A physician must examine all resident campers within the prior 12 months and their results recorded on the form provided with the handbook. If a camper requires medical care, the expenses will be paid by the parent/guardian.

__________________________________________________________
Signature of Parent/Guardian                                                                 Date

Where did you hear about camp?

○ mailed to door  ○ school  ○ past camper  ○ friend
○ internet  ○ camp fair  ○ newspaper/print ad  ○ facebook
○ radio  ○ from YMCA  ○ other___________________________________________________

The YCS Camp Improvement Fee is a one time per year fee assessed to each family and is used to make improvements to the program areas and equipment of camp. Families sending more than one child to camp should include this with only one child’s registration.

YMCA Camp Shand believes that a diversified population adds beauty and value to life. Acting on this belief we seek to serve and to provide programs to children and families of all abilities and backgrounds knowing that doing so enriches the camp experience for all.

Return Registration plus deposit or full payment to:

YMCA CAMP SHAND REGISTRAR
PO Box 339
Cornwall, PA 17016

If you have questions concerning programs, camp activities, billing or registration, please call (717) 272-8001.

Lancaster Family YMCA Association

YMCA Camp Shand
City Center YMCA
Lampeter-Strasburg YMCA
YMCA at New Holland
YMCA Camp Shand

2020 Day and Resident Theme Descriptions

**General:** Our themes give a different flavor to each week without interfering the campers’ access to all activities that camp has to offer. Though out the week, our teaching staff and counselors will be interpreting the theme in their lesson plans and activities. This can be as simple as using theme appropriate names for the groups in a specific games or as involved as planning an all camp activity. We often bring in guest speakers/ presentations that fit the theme.

Because they are planned by the summer staff the activities listed below are meant to give you an idea of the type of programming we have used in the past. They may not necessarily be the exact ones your camper will experience this summer. We continually work to offer new and exciting theme based activities.

**Week One: Go Green**
We will start on out the summer right with learning all about our role in helping to save Mother Earth. Each day will present campers with a new eco-challenge to put into place both here at camp and at home.

**Week Two: Super Sleuths**
Time to solve some of camp’s biggest mysteries and riddles! Campers will be challenged each day to sleuth out the answers using clues and good old fashion investigation. Who will be the best Sherlock Holmes?

**Week Three: Into the Forest**
Explore the wilds of camp during this week filled with hikes, creek walks, animals, and all other aspects of nature. Hike to the Ridge, the Well and the Big Tree. Learn to identify trees, snakes and frogs. Play a great game of Predator and Prey as you learn about the food chain. In past years Big Foot has been known to make an appearance or two during this week.

**Week Four: Lights, Camera, Action**
Campers will walk the red carpet to fame and fun! Each day will be filled with activities based on campers’ favorite movies. Campers will also have the chance to perform in our Talent Show Extravaganza!

**Week Five: Wild Wild West**
Always a camper favorite this week is all about cowboys, bandits, and rip-roaring fun. Camp’s most popular game, Gold Rush, gives campers a chance to find some gold and use it buy anything from a Shave to a Sarsaparilla! Just watch out for all those “Shandits”! They are always trying to steal your gold!

**Week Six: YCS Summer Games**
Go for the Gold during this week fill with Olympic challenges of all kinds and end the week with a field day and celebration.

**Week Seven: World Wonders**
Spend the week traveling the world through games, food, language and more. Each day will be dedicated to a different country and culture. Our international staff will shine extra bright this week!

**Week Eight: Wild and Wacky**
Backwards Day, Crazy Sock Day and Wacky Hair Day are all among the silly fun this week. We may have spaghetti for breakfast and pancakes for dinner. Anything goes this week. A Resident Camp favorite, Monkey Court, is always one of the evening activities. All campers are invited to participate in the Annual Core Value Color Run on Friday.

**Week Nine: Animal Planet**
Camp Shand is home to lots of critters and this week is all about them. From the birds of the sky to the deer in the woods, campers will learn about our four legged and winged friends.

**Week Ten: Beach Blast**
Water, water, everywhere. As the August temps rise we will enjoy a week of squirt gun battles, water games, extra time at pool and lake, and finish with an afternoon on the Boardwalk! It’s all about getting wet and wild this week!

Register online at: ymcacampshand.org or call (717) 272-8001
2020 TEEN ADVENTURE

Each week TA campers will select a Track from a list of three. Tracks include Creative Arts (CA), Outdoor Adventure (OA), Sports and Wellness (SW), Earth, nature and conservation (E) and Leaders in Training (LIT). Each day campers will spend one to two periods exploring and developing skills related to their Track of choice. The remainder of their day is filled with other camp activities. The lessons in the Track lead up to a field trip at the end of the week. Participation in the daily lessons is required to go on the field trip.

Teen Adventure Track schedule:
Week 1: CA, OA, LIT
Week 2: CA, SW, LIT
Week 3: CA, OA, E
Week 4: CA, SW, LIT
Week 5: CA, OA, LIT
Week 6: CA, SW, E
Week 7: CA, OA, LIT
Week 8: CA, SW, LIT
Week 9: CA, OA, E
Week 10: CA, SW, LIT

RESIDENT EXTREME

Week Three: Climbing
Campers will spend time on our climbing walls and Adventure Course and enjoy a field trip to Spooky Nook Climbing Center.

Week Four: Appalachian Trail Backpacking
Campers will learn back packing basics and put their knowledge to use as they prepare for and participate in an overnight trip on the famed AT.

Week Five: French Creek State Park Orienteering
This week will see campers learning how to navigate by map and compass. Their skills will be put to the test when they travel to French Creek State Park to complete the Orienteering Course.

Week Six: Appalachian Trail Backpacking
Campers will learn back packing basics and put their knowledge to use as they prepare for and participate in an overnight trip on the famed AT.

Week Seven: Marsh Creek Paddle Boards
Campers will spend time this week building team work skills on our low ropes course and then head to Marsh Creek for a ultimate test, team paddle boarding!

Week Eight: Appalachian Trail Backpacking
Campers will learn back packing basics and put their knowledge to use as they prepare for and participate in an overnight trip on the famed AT.

Register online at: ymcacampshand.org or call (717) 272-8001