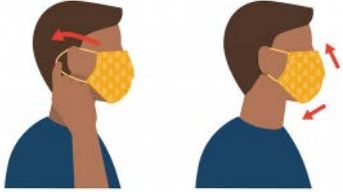


How to Wear Masks

Wear your Mask Correctly



- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Avoid touching or moving your mask around on your face. Wash hands, any time after adjusting your mask!

Take Off Your Mask Carefully



- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together, keeping part that touched your face, folded inside
- Place mask in the washing machine (see following directions)
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

How to clean your mask



Washing machine

- You can include your mask with your regular laundry.
- Try using a mesh zipped laundry bag! You can wash family masks together and not lose them with your clothing.
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the mask.



Washing by hand

- Wash with small amount of laundry soap, rinse thoroughly and dry as indicated below **OR**
- Prepare a bleach solution by mixing:
 - 4 teaspoons household bleach per quart of room temperature water
- Check the label to see if your bleach is intended for disinfection. Some bleach products, such as those designed for safe use on colored clothing, may not be suitable for disinfection. Ensure the bleach product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser.
- Soak the mask in the bleach solution for 5 minutes.
- Rinse thoroughly with cool or room temperature water. Dry as indicated below.

How to dry your mask



Dryer

- Use the highest heat setting and leave in the dryer until completely dry.



Air dry

- Lay flat and allow to completely dry. If possible, place the mask in direct sunlight.