

The ***Mountaineers' Table*** is designed to help families

- stretch their grocery money
- prepare low-cost meals for their families
- and have their children fed well and ready to learn when they go to school.



Previously know as Power Packs Project

If you think your family would benefit from this program, please view the [2021-2022 Self Declaration of Need Form](#) to see if your family is income-eligible. There is no cost to the participating families **but there are expectations.** Parents are expected to pick up their food every week and will be dropped from the program if they fail to do this. For information please feel free to email mountaineerstable@gmail.com.